

Make a Plan, Build an Emergency Preparedness Kit, Get Involved and Be Informed

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Why do you need to prepare?

- You are less likely to have problems in both large and small emergencies if you are prepared.
- Systems that you rely on may not work or be available in an emergency.
 - Communication
 - Accessible Exits
 - Medication



Can You Answer These Questions??

- Do you know where and how to operate fire alarms & extinguishers?
- Do you know where gas and water shut-offs are and how to use them?
- Do you have a standard telephone and know where it is?
- Can you make an inaccessible exit accessible by using a portable ramp?
- How will you evacuate if an accessible vehicle is not available?

- Does your city have a registration system for people with disabilities?
- Have you planned for what you will do if your service animal becomes confused, disoriented, or frightened?
- If you rely on sound clues to get around, will you be able to get yourself to safety if they are missing? (no electricity)
- Are there signs with raised and Braille characters that designate exits, direction, including floor levels and signs?
- Have you marked your utility shut-off valves with fluorescent tape or large print or Braille labels.

- Are there signs with raised and Braille characters that designate exits, direction, including floor levels and signs?
- Have you marked your utility shut-off valves with fluorescent tape or large print or Braille labels.
- Have you practiced having people communicate emergency information with you?
- Does your building have two-way communication devices installed in the elevators/areas of refuge/rescue assistance?

- Do emergency alarm systems have audible and visible features? (strobes)
- How will you communicate if there is no interpreter or if your hearing aids are not available?
- Do you have a portable communication device (PDA, pager, laptop, portable TTY?)
- Do you carry paper and pens with you?
- Do you know the location of your amplified or text telephones?

Emergency Preparedness for People...

Unable To Self Evacuate
UTSE

Vision

We envision full inclusion of people Unable To Self Evacuate, into community emergency response planning and exercises within each Wyoming county

Mission Statement

Provide information and technical support to assist communities in all hazards planning and exercises, in cooperation with and emphasis on people UTSE; and facilitate planning between consumers, disabilities entities and emergency preparedness and response personnel

Community Partners:

- Hospitals and public health representatives
- Disability organization representatives
- Emergency Management representatives

Expanded Community Partners:

- People UTSE (consumers)
- Behavioral Health entities
- Law enforcement agencies
- Fire departments
- Emergency medical services
- Faith based entities
- Elected officials (Wyoming Association of Municipalities , Wyoming County Commissioners Association and city mayor's disabilities councils)
- Local news media

GOAL 1: Inclusion of people UTSE in disaster planning and scenarios in all counties

- Compile a list of key planners and disaster drill participants
 - Produce a template for hospitals and county emergency management agencies
- Identify resources needed by people UTSE for both evacuation and use
 - Assemble a “resource kit” of options, e.g., websites, etc.
- Preview/critique training for people UTSE and all first responder groups with consumers

GOAL 1: Inclusion of people UTSE in disaster planning and scenarios in all counties

- Identify UTSE modifications to federally developed scenarios that can be used in local disaster drills

GOAL 2: All people with disabilities and people UTSE in Wyoming will have personal and individualized emergency plans

- Consumers with disabilities can obtain disaster preparedness guides and checklists
 - Identify total consumers
 - Develop and produce disaster preparedness guides
 - Develop and produce disaster checklists
- Consumers with disabilities can obtain a disaster preparedness UTSE emblems (pack and house placard)
 - Identify consumers
 - Procure packs
 - Procure placards
- Consumers who require assistance with transportation, will be educated to ensure they have a means of transport should evacuation be necessary
 - Identify available accessible transportation
 - Ensure all potential consumers who may need transportation are aware of point of contact to meet emergency transportation needs

GOAL 2: All people with disabilities and UTSE in Wyoming will have personal and individualized emergency plans (continued)

- Public transportation agencies will be educated concerning disaster preparedness and UTSE, to identify and help plan evacuation needs for consumers without direct transportation
 - Identify local transportation resources
 - Develop a schedule or method of delivering the information
 - Develop an educational approach directed within WYDOT
- Human Service agencies providing services to consumers with disabilities will be educated concerning the need for individualized emergency plans
 - List human service agency providers
 - Develop a schedule or method of delivering the information
 - Develop an educational approach directed within state human service departments and statewide service provider organizations
- DME providers will be given disaster preparedness brochures and information at their locations for distribution to consumers
 - Identify DME providers and develop and produce disaster preparedness guides
 - Identify DME providers and develop and produce disaster checklists
 - Distribute lists of providers, DME resources, DP guides and checklists on a county-by-county basis

GOAL 3: All counties will have fully accessible shelters

- Disseminate information to community partners about ADA accessible shelters
 - Develop resource guide for ADA shelter accessibility for delivery to local communities
 - Develop and implement a training schedule
- Inform each of Wyoming's municipalities of accessible shelter definitions
- Wyoming emergency managers to report all shelters meet ADA accessibility criteria

GOAL 4: All counties will have provisions (DME and service animals) to support requirements of ADA Chapter 7

- Each county will identify resources (whether inside or outside the county) for meeting local DME needs
 - Survey numbers of people UTSE within the county
 - Estimate DME required based upon number of users identified

GOAL 5: All hospitals will have plans and procedures established to meet the needs of people UTSE

- WIND will identify hospitals with existing evacuation plans including people UTSE
- WIND will identify hospitals without plans including people UTSE and will contact each hospital to schedule assistance for:
 - Templates
 - On-site assistance
 - Other technical support
 - Contact people to provide local assistance

GOAL 5: All hospitals will have plans and procedures established to meet the needs of people UTSE

- WIND will provide all hospitals an all-hazards exercise template for table top, functional and/or full scale hospital-based exercises to include people UTSE

Create Emergency Plans

- Keep a list of out-of-state friends or relatives that household members can call if you are separate during a disaster
- Contact local electric company about your power needs for life-support devices
- Talk to equipment suppliers about your power options
- Plan how to re-charge batteries
- Tag equipment with name, address, phone, etc. in case you must leave them behind

Create Emergency Plans

- Identify all ways you can exit your home
- Practice dealing with different conditions and unexpected situation, such as blocked paths or exits
- Don't assume you know how to use an evacuation device when you need it
- Make sure everyone is trained on emergency plans and knows what they will have to do
- Prepare a list of phone numbers that may be needed and make sure everyone knows where they are

Emergencies to prepare for:

- Shelter in place- example: Tornado, major HAZMAT accident, snow storm, power outage
- Evacuation-
 - Fire- evacuate out of house and possibly neighborhood
 - Flood- evacuate out of town and possibly out of county or state

UTSE Personal Readiness and Go Bag Information

WYOMING INSTITUTE FOR DISABILITIES
A University Center for Excellence in Developmental Disabilities

UTSE Personal Readiness and Go Bag Information

For people unable to self evacuate (UTSE)

UTSD
A FORCE FIGHTING FOR PEOPLE WITH DISABILITIES

THINGS TO DO FIRST:

- ▶ Complete information on other side
- ▶ Recent picture
- ▶ Medications currently using, dosage, frequency (Meds for 90 days—this will be difficult, but have as much as possible including prescription information from your pharmacy, especially in the case of compound drugs). Include non-prescription medications
- ▶ Recent medical history (surgeries within past year, pending surgeries, current treatments)
- ▶ Your doctor's name
- ▶ What hospital you go to

THINGS TO DO NEXT:

- ▶ Give copy of all "THINGS TO DO FIRST" information to school, neighbor, and family (in-state and out-of-state)
- ▶ Guardian/parent/next-of-kin/personal assistant emergency contact information (in-state and out-of-state)
- ▶ Who knows you at work and school—name and phone numbers
- ▶ Who helps you in the community (service providers)—name and phone numbers
- ▶ Special food needs
- ▶ Who do you call when your equipment breaks—name and phone number
- ▶ Who is your case worker for DFS, SSDI, or waiver questions—names and phone numbers
- ▶ Therapist—name and phone number
- ▶ Service animal supplies (leash, food, meds, etc.)
- ▶ Mobility extras (battery pack, charger, extra cane, etc.)

See other side...

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Emergency Supplies/Go-Kits

- Prepare different kits, we recommend one for evacuation and another for staying at home (shelter in place).
- Tailor the contents of these kits to your needs and abilities.
 - Example: Wheelchair users would want a pair of heavy gloves in their supply kit to use while wheeling or making your way over glass and debris.
- Plan for supplies for up to two weeks.
- Do what is realistic for you.

Emergency Supplies/Go-Kits

- Carry-On You
 - Essential items you need to keep with you at all times
- Grab-and-Go Kits
 - Large kit with water, food, first aid supplies, clothing, bedding, tools, emergency supplies, disability-specific items.
 - Things you would need to be self-sufficient for days
- Examples of items to have in your kits

Get Involved, Be Informed

- Churches
- Local Emergency Planning Committee
- Contact County Homeland Security/Emergency Management Coordinators and County Public Health Response Coordinators (contact lists provided)
- Attend meetings that UW WIND holds in your community

Community Emergency Response Team (CERT)

Current CERT programs in the following counties:

- Albany
- Big Horn
- Campbell
- Carbon
- Converse
- Fremont
- Goshen
- Hot Springs
- Laramie
- Lincoln
- Natrona
- Niobrara
- Park
- Sheridan
- Sublette
- Sweetwater
- Teton
- Uinta
- Washakie

Handout gives contact information for each

Medical Reserve Coop (MRC)

- Mission is to improve the health and safety of communities across the country by organizing and utilizing public health, medical and other volunteers;
- MRC's are community-based and function as a way to locally organize and utilize volunteers who want to donate their time and expertise to prepare for and respond to emergencies;
- MRC volunteers supplement existing emergency and public health resources;
- Wyoming currently has MRC Units in Casper, Cheyenne and Gillette

Emergency Preparedness Planning: Inclusion of People Unable to Self Evacuate and Others with Access and Functional Needs

August 5-6, 2009

Laramie, WY

Hilton Gardens Conference Center

<http://windweb.uwyo.edu/wind/connect/>

Travel Scholarships available through UW WIND

Resources

- Pandemicflu.gov
- www.uwyo.edu/wind/community/inclusion/emergency.asp
- www.nod.org
- www.ready.gov/america/getakit/disabled.htm
- www.redcross.org
- www.fema.gov
- www.disabilitypreparedness.gov
- www.ada.gov/emergencyprep.htm
- www.nobodyleftbehind2.org/resources/index.shtml#em-planning
- www.katrinadisability.info/wyoming.html

Conclusion

In planning for your life safety in emergency situations, hope doesn't count for much! Make sure you are included in the decisions on which equipment and procedures work for you. Given today's current expanding disaster possibilities, quick evacuation and stabilization of the situation can be critical.